National Capital Trackers

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| INNER  Train #1 | INNER  Train #2 |  | MIDDLE  Train #1 | MIDDLE Train #2 |  | OUTER  Train $1  **Command**  **Only** | OUTER  Train #2  Command  Only |
| ***09:00 –10:00*** | ***09:00 – 10:00*** |  | ***09:10 –10:10*** | ***09:10 -10:10*** |  | ***09:20 -10:20*** | ***09:20 -10:20*** |
| ***10:00 –11:00*** | ***10:00 – 11:00*** |  | ***10:10 –11:10*** | ***10:10 -11:10*** |  | ***10:20 -11:20*** | ***10:20 -11:20*** |
| ***11:00 –12:00*** | ***11:00 - 12:00*** |  | ***11:10 –12:10*** | ***11:10 -12:10*** |  | ***11:20 -12:20*** | ***11:20 -12:20*** |
| ***12:00 – 1:00*** | ***12:00 – 1:00*** |  | ***12:10 – 1:10*** | ***12:10 – 1:10*** |  | ***12:20 – 1:20*** | ***12:20 – 1:20*** |
| ***1:00 – 2:00*** | ***1:00 – 2:00*** |  | ***1:10 – 2:10*** | ***1:10 – 2:10*** |  | ***1:20 – 2:20*** | ***1:20 – 2:20*** |
| ***2:00 – 3:00*** | ***2:00 – 3:00*** |  | ***2:10 – 3:10*** | ***2:10 – 3:10*** |  | ***2:20 – 3:20*** | ***2:20 ; 3:20*** |
| ***3:00 – 4:00*** | ***3:00 – 4:00*** |  | ***3:10 – 4:10*** | ***3:10 – 4:10*** |  | ***3:20 – 4:20*** | ***3:20 – 4:20*** |
| ***4:00 – 5:00*** | ***4:00 – 5:00*** |  | ***4:10 – 5:00*** | ***4:10 – 5:00*** |  | ***4:20 – 5:00*** | ***4:20 – 5:00*** |